

## Obsessive-Compulsive Disorder (OCD) Research Study

### RECRUITING

## Individuals with OCD and Healthy Volunteers



Obsessive-Compulsive Disorder (OCD) is a chronic, impairing disorder characterized by unwanted obsessions and/or compulsions. Not all persons with OCD are alike, resulting in a wide variety of symptoms, illness course, and response to treatment.

Study Goal: Our OCD research study aims to better understand differences in OCD symptoms and to predict both illness course and response to treatment. By comparing data from participants with OCD and healthy volunteers without OCD, we hope to provide enhanced treatments to future patients.

Study Methods: All participants will be given a Fitbit to wear 24/7 for 10 weeks so that activities such as walking and physical responses such as heart rate and blood pressure can be captured. Participants also will undergo a baseline and end-of-study brain scan. Daily questionnaires on mood and other psychological factors will be collected via SMS-based text messaging. For individuals with OCD, information on current and past treatment also will be collected via text messaging.

Participants will receive compensation for their time and effort and will be able to keep the Fitbit at the study end.

For more information and to see if you are eligible to participate, please contact:

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