



PROGRAM SCHEDULE

OCD Southern California 3rd Annual Conference
Saturday, March 24, 2018 • Mariners Church, Irvine, CA
10:30am – 5:00pm

Registration, Continental Breakfast, and Exhibitors
10:30am-11:15am

Professional Networking Breakfast (local clinicians and researchers)
10:30am-11:15am

Keynote and Kid's Keynote
11:15am-12:30pm

KEYNOTE – The Crazy Game, by Clint and Joanie Malarchuk

KID'S KEYNOTE – UNSTUCK: An OCD Kid's Movie

Lunch

12:30pm-1:30pm

**there will be time and space during lunch to meet people in your local region
as well as to discuss leadership opportunities with OCD SoCal*

Breakout Sessions

1:45pm-2:45pm and 3:00pm-4:00pm

**all sessions are repeated so participants can select from the topics listed below;
see program guide for descriptions of each talk*

What's in your pillbox: Q & A on OCD Medication
Training Family Members to become ERP Coaches: An Experiential Workshop
OCD Recovery: We Conquered OCD and You Can Too!
Leaning into Your Anxiety: A Guide for Clients in Understanding How to Effectively do Exposures
ERP for OCD Subtypes and Related Disorders
Acceptance and Commitment Therapy, Mindfulness and ERP

Closing, Q & A, Opportunity Drawing
4:00pm – 5:00pm